

DAFTAR PUSTAKA

- Arismunandar, R. (2015). The Relations Between Obesity and Osteoarthritis Knee in Elderly Patients. *J Majority*, 4(5), 110–116.
- Desiana, I., Moeliono, M. A., & Prabowo, T. (2017). Effects of Quadriceps Strengthening Exercise on Quadriceps Muscle Strength and Its Relation to Lower Extremity Lean Mass. *International Journal of Integrated Health Sciences*, 5(2), 84-88.
- Kisner and Colby. 2014. *Therapeutic Exercise Foundation And Techniques. Fifth Edition*. Philadelphia: F. A Davis Company.
- Michael, J. W. P., Schlüter-Brust, K. U., & Eysel, P. (2010). The epidemiology, etiology, diagnosis, and treatment of osteoarthritis of the knee. *Deutsches Arzteblatt International*, 107(9), 152.
- Pusat Data dan Informasi Kementerian Kesehatan RI, 2013. *Gambaran Kesehatan Lanjut Usia di Indonesia*
- Susilawati, I., Tirtayasa, K., & Lesmana, S. I. (2015). Latihan Closed Kinetic Chain Lebih Baik Daripada Open Kinetic Chain untuk Meningkatkan Kemampuan Fungsional pada Osteoarthritis Lutut setelah Pemberian Micro Wave Diathermy (MWD) dan Transcutaneous Electrical Nerve Stimulation, 3(1), 26–34
- Zhang Y et all. 2014. Association of Squating with increased prevalence of Radiographic Tibiofemoral Knee Osteoarthritis: the Beijing Osteoarthritis Study. *Arthritis Rheum* 50(4): 1187-92.