

## BAB 5

### KESIMPULAN DAN SARAN

#### 4.1 Kesimpulan

Asuhan akupunktur pada klien gagal jantung di rumah sehat "DR. I" Bandung dapat disimpulkan bahwa:

- Sesak nafas berkurang.
- Kualitas tidur meningkat.
- Mampu berjalan lebih jauh

#### 4.2 Saran

1. Bagi institusi pendidikan

Studi kasus ini dapat menambah wacana dan wawasan bagi mahasiswa Prodi Akupunktur serta memberi masukan dan referensi bagi institusi pendidikan untuk membimbing mahasiswanya tentang asuhan akupunktur pada gagal jantung.

2. Bagi profesi akupunktur

Studi kasus ini dapat memberikan tambahan informasi tentang pelaksanaan asuhan akupunktur terutama pada penderita gagal jantung.

3. Bagi peneliti selanjutnya

Studi kasus ini dapat digunakan sebagai referensi dalam penelitian bidang akupunktur terutama tentang akupunktur untuk gagal jantung.

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